SPA & MASSAGE

IN-ROOM TREATMENTS



Body Therapy Massages

Back, Neck & Shoulder Massage — 45 min — 850
This massage is designed to relieve tension that builds up in the head, neck, shoulders, upper and lower back.

Foot Massage — 45 min — 850
Relax and balance your body through pressure points situated under the feet. It detoxifies, relaxes, and increases circulation.

Swedish Full Body Massage — 60 min — 1000 / 90 min — 1250
This massage eases tense muscles. A medium pressure is used to provide relaxation.

Aromatherapy Full Body Massage — 60 min — 1050 / 90 min — 1300
A blend of essential oils is used to bring balance to the mind and body.

Deep Tissue Full Body Massage — 60 min — 1050 / 90 min — 1300
A deep pressure is used to relieve tension in the muscles.

Spa Packages

Spa Taster — 60 min — 1200
A back, neck and shoulder massage to help relieve tension in the head, neck and shoulders followed by an express facial, leaving the skin nourished and revitalized.

Beauty Bliss — 90 min — 1350
- 30 min Express facial
- 30 min Express manicure
- 30 min Express pedicure

Head in the Clouds — 90 min — 1400
A foot cleansing ritual with a sugar buff and botanical oils followed by:
- 30 min Rebalancing foot massage
- 30 min Indian head massage
- 30 min Aromatic back, neck & shoulder massage

First Impression — 150 min — 2150
A head-to-toe treat, giving you a good taste of a spa pamper day:
- 60 min. facial
- Swedish full body massage
- Express manicure OR pedicure

Hand, Foot & Nail Treatments

Luxury Manicure — 75 min — 750
Consists of a cut, file, buff, cuticle work and varnish with a luxury hand scrub. Includes a 25 min. pampering hand massage.

Luxury Pedicure — 75 min — 750
Consists of a cut, file, buff, cuticle work and varnish with a luxury foot scrub. Includes a 25 min. pampering foot massage.

Facial Treatments

Anti-Ageing Booster Facial — 60 min — 1100
An organic Phyto acid, l-ascorbic treatment for visible firming, brightening and skin rejuvenation with an added gel to stimulate collagen and elastin production while reducing the appearance of fine lines and wrinkles

Deluxe Bespoke Facial — 75 min — 1300
We will tailor the products used depending on your skin needs. This deluxe facial includes a pampering head massage. The whole range of products is available for this treatment.

Please book all treatments at least 24 hrs. in advance.
Normal working hours: Mon. to Sat. till 6pm | Sunday till 4pm. After hours surcharge per hour 100

HEALING earth™



Healing Earth Body Care

INDIGENOUS AFRICA RANGE *Argon Oil & Lemon Verbana*	Glass 200 ml	PET 250 ml
Hand & Body Soap	205	260
Hand & Body Lotion	220	270
Foam Bath	205	260
Shower Gel	220	265
Shampoo	210	260
Conditioner	210	260